

FOOD ELIMINATION TRIAL TIPS AND TRICKS

Set yourself up for success

Medication can help alleviate signs of allergies, but it can't tell you what is causing them. That's why your veterinarian has recommended a food elimination trial. You will be conducting a valuable diagnostic test. Follow your vet's instructions and stick to the food recommendations. We know you've got this!



- ### 1 Getting Ready

 - Before you begin, identify a separate bowl and measuring cup for your pet's recommended elimination trial diet such as Ultamino®
 - Ask your veterinarian about your pet's medications, supplements or dental products. Some may contain the types of protein that you are eliminating from the diet
 - Let family, friends (and even well-intentioned neighbors) know that your pet is starting an elimination trial to avoid ruining your efforts
- ### 2 Feeding Tips

 - Before you feed, wash your hands thoroughly before handling Ultamino®, especially if you have been in contact with human or pet food
 - After you feed, be sure to wash your hands, your pet's bowl and measuring cup with soap and warm water and rinse thoroughly
 - Store your elimination diet, such as Ultamino®, in its original bag and keep the bag sealed in a cool, dry place between meals
- ### 3 Treats and Snacks

 - Don't offer snacks, treats, or leftovers from the table to your pet, which may derail your food elimination trial
 - Keep some pieces of the elimination diet, such as Ultamino® kibble, in a clean, sealed container and use as treats or snacks or feed another treat that has been okayed by your veterinarian
- ### 4 It's a Partnership

 - It's a good idea to keep a diary to track any new behaviors or changes for your pet. It could also help you realize the progress that you're making. Your veterinarian will advise you on how long the trial will last and what changes in your cat you should expect along the way
 - Once done, you'll work with your vet to reintroduce the previous diet. Your pet might scratch again; it's normal if it's allergic to an ingredient in the previous food. Don't worry, it won't last long and it is crucial for the diagnosis

Any Questions?

We're here to support you and your pet

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